



# FREE HIGH SCHOOL SELF DEFENSE CLASS

## NO EXPERIENCE REQUIRED

The Darien Police Department is seeking female participants (high school aged Darien residents) for our **FREE 12-hour Women's Rape Aggression Defense Program (R.A.D.)**.

The program is hosted by the Darien Police Department, taught by certified female Officers and graciously sponsored by the Darien Domestic Abuse Council and Darien YMCA. Please email [LSILVA@DARIENCT.GOV](mailto:LSILVA@DARIENCT.GOV) for info or to sign up!!



**DARIEN DOMESTIC  
ABUSE COUNCIL**

LIGHTING THE PATH TO  
POSITIVE RELATIONSHIPS



# R.A.D.

**RAPE**  
AGGRESSION

# DEFENSE SYSTEMS

**WHEN: MAY  
20TH, 22ND,  
27TH AND  
29TH  
(TUE/THU)**

**TIME: 3:30 –  
6:30PM**

**COST: FREE**

**WHERE:**

**DARIEN HIGH  
SCHOOL**

80 HIGH SCHOOL LANE  
DARIEN, CT 06820

[www.darienpolice.org](http://www.darienpolice.org)

Questions? CONTACT:  
[LSILVA@DARIENCT.GOV](mailto:LSILVA@DARIENCT.GOV)