



# FREE WOMEN'S SELF DEFENSE CLASS

**NO EXPERIENCE REQUIRED**

The Darien Police Department is seeking female participants (adults only) for our **FREE 12-hour Women's Rape Aggression Defense Program (R.A.D.)** The program is hosted by the Darien Police Department, taught by certified female Officers and graciously sponsored by the Darien Domestic Abuse Council and Darien YMCA. Please visit our website for more information and to sign up!! **LIMITED AVAILABILITY**



DARIEN DOMESTIC ABUSE COUNCIL

LIGHTING THE PATH TO POSITIVE RELATIONSHIPS



# R.A.D.

RAPE AGGRESSION

# DEFENSE

S Y S T E M S

**WHEN: DEC  
4<sup>TH</sup>, 6<sup>TH</sup>, 11<sup>TH</sup>  
& 13<sup>TH</sup>**

**\*MUST ATTEND ALL  
FOUR CLASSES\***

**TIME: 6 – 9PM**

**COST: FREE**

**DARIEN POLICE  
DEPARTMENT**

25 HECKER AVE  
DARIEN, CT 06820

[www.darienpolice.org](http://www.darienpolice.org)

Questions? CONTACT:  
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